ANSH SRINIVASAN

Taekwondo Athlete
DOB: 01 Jan 2010 (Age 16)

SGFI Bronze Medalist | Top 3 in India | Junior World Championship Trials Bronze Medalist

Vision & Goals

Short-Term: Junior National Champion.
Mid-Term: Senior National Champion, Represent India Internationally.
Long-Term: National team member for Major World Tournaments.

Height: 6'0"	Reach: 7'0"	Category: U-17 U 68kg	Rank: Top 3 India

Athlete Profile

National-level Taekwondo athlete with 4 years of training, competing in the U-17 (-68 kg) category.

Explosive and adaptive fighter with strong discipline and consistency.

Training & Coaching

Coach: Arvind Nishad
Fighters Academy
2 sessions/day
Sparring with Junior & Senior national athletes & champions
Nutritionist – Mr. Amey Kolekar
Mental Coach - Dr. Swaroop Savanur
Physiotherapist – Mr. Amey Kolekar

Athletic Strengths

Speed, power, flexibility, endurance
Discipline, consistency
Focus: Game IQ & mindset

Key Achievements

Bronze – 70th SGFI Nationals 2026
Bronze – Open Selection Trials, Junior World Championship 2026
→ Qualified Final Selection Trials (Top 8 India)
→ Unable to participate in Final Selection Trials due to Class 10 Board Examinations

Gold - Junior State Championship 2026
Gold - U17 School Games State Championship 2026
Bronze – Youth State Championship 2026
Gold – 9th Heroes Cup Category B 2026

Gold – CISCE Nationals 2025
Silver – CISCE Nationals 2024

Competitive Experience

Pre Quarterfinalist – Junior Nationals 2026
Pre Quarterfinalist – 69th SGFI Nationals 2025
Quarterfinalist – 9th Heroes Cup T-Rank Category 2026
Quarterfinalist – Youth Asian Games Trials 2025
Quarterfinalist – Cadet Nationals 2024

Education

11th Science (CBSE)
Class 10 – CISCE

Why IIS

The Inspire Institute of Sport offers the precise high-performance ecosystem required to bridge the gap between national success and international podiums. While my foundation is built on disciplined training and competitive experience, I recognize that world-class excellence demands the integrated sports science and elite coaching architecture unique to IIS. I am seeking this structured environment to refine my technical execution, optimize my physical conditioning, and convert my dedicated preparation into consistent, measurable international performance.

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